



SNACKS & SHARES

SHARING IS CARING!

HONEY BLUE CHIPS (vegan | gf)

House-Made Potato Chips, Von Trapp Mad River Blue Cheese, Scallions, Local Honey

PIMENTO & CHIPS (vegan | gf)

House-Made Potato Chips & Pimento Cheese

PUB CHIPS

Smack Your Mama Powder, House-Made Potato Chips, Smoked Cheese Sauce, Scallions, Bacon, Sour Cream

PHANTOM FRIES (s)

Spicy Phantom Sauce, Blue Cheese Crumbles, Bacon, Scallions

CAJUN-TRUFFLE FRIES

Parmesan, Truffle Oil, Cajun Seasoning, Herbs, Fancy Sauce

FRIED GREEN TOMATOES (vegan)

Creole Aioli, Mixed Greens, Lemon

WINGS (gf)

Brined, Fried, Tossed In Sauce
6 pieces | 12 pieces

14

SMALL PLATES

ENJOY AS AN APP\DINNER SIDE\SHAREABLE

HOUSE PICKLED VEG (vegan | gf)

Simple, Delicious... Around Since 2400 BC, Farmer's Choice Veg

6

SEASONAL HUMMUS (vegan | gf)

Cauliflower Chips, Chef's Seasonal Hummus Flavor

9

CUCUMBER SLAW (vegan | gf)

Fresh! Carrots, Red Peppers, Onions, Cilantro, Garlic, Vinegar

7

GREEN BEANS (vegan | gf)

Sautéed Green Beans, Garlic, Parmesan (optional)

7

CARDAMOM CARROTS (vegan | gf)

Roasted Gourmet Carrots, Cardamom, Salt, Honey Vinaigrette

7

SMOKEHOUSE MAC & CHEESE (vegan | gf)

Smoked Cheese Sauce, Fusilli Corti Bucati Pasta

9

SALADS & SOUPS

ADD ONS Chicken 6 | Beef Patty 4 | Veggie Burger 6 | Chicken Salad 6

CREAMY CORN CHOWDER (gf)

Bacon, Potato, Cheddar Cheese

CUP 6 | BOWL 9

SOUP OF THE MOMENT

A Handcrafted, Comforting Soup Prepared Fresh Each Day.

CUP 6 | BOWL 9

HOUSE SALAD (vegan | gf)

Mixed Greens, Cucumber Slaw, Tomatoes, House Dressing

8

CAESAR SALAD

Baby Gem, Caesar Dressing, Radicchio, Croutons, Radishes

11

FLATBREADS

SUB CAULIFLOWER CRUST \$1 (gluten free)

CLASSIC ITALIANO (vegan)

Mozzarella, Red Sauce, Olive Oil, Parm, Salt & Pepper

15

GARLIC PARMESAN (vegan)

Garlic, Parmesan, Herbs, Olive Oil, Mozzarella

12

BLUE WINTER LOVE

Von Trapp Mad River Blue Cheese, Mozzarella, Bacon, Pear, Honey Vinaigrette

17

AVOCADO & MICRO (vegan)

Avocado, Arugula Microgreens, Tomato, Everything Seasoning

14

HOT HONEY PEPPERONI

Pepperoni, Hot Honey, House-Made Pickled Jalapenos, Mozzarella, Red Sauce

16

WHITE MUSHROOM

Mushroom, Caramelized Onions, Whipped Mascarpone, Balsamic Glaze, Parmesan

16

DILL PICKLE

House-Made Dill Pickles, Mozzarella, Garlic, Ranch Dressing, Parmesan

14

SANDWICHES

COMES WITH HOUSE-MADE CHIPS & PICKLE

SUB GLUTEN FREE BUN FOR FREE

SUB FRIES 1 | CAJUN FRIES 1 | TRUFFLE FRIES 3 | CHEESE FRIES 3

15

FRIED GREEN TOMATO

Bacon, Lettuce, Pimento Cheese, Creole Aioli, Texas Toast

15

PIMENTO GRILLED CHEESE (vegan)

Vermont Cheddar, Pimento Cheese, Texas Toast

14

CHICKEN SALAD

Roasted Chicken, Cranberries, Lettuce, Tomato, Texas Toast

14

SHORT RIB GRILLED CHEESE

Short Rib, Cheddar, Mozzarella, Texas Toast

16

BACON CHICKEN RANCH

Fried Chicken, Bacon, Ranch, Lettuce, Tomato, Potato Bun

15

BUFFALO CHICKEN

Fried Chicken, Von Trapp Mad River Blue Cheese, Buffalo Sauce, Pickles, Potato Bun

15

LARGE PLATES

Chef Parker gettin' busy!

MUSHROOM TRUFFLE PACCHERI (vegan)

House-Made Pasta! Umami Punch! Made Without cream! Parmesan (optional) (Paccheri is a large tubular pasta)

22

CAJUN PAPPARDELLE

Creole Chicken Cutlet, House-Made Pappardelle, Cajun Cream, Sautéed Spinach (Pappardelle is a wide, long pasta)

22

CHICKEN POT PIE

House-Made Southern Biscuits, Slow Roasted Chicken, Medley of Vegetables, Cheddar Cheese

17

ROASTED PORK TENDERLOIN (gf)

Pork Tenderloin, Bacon Fat Fluffy Potatoes, Cardamom Carrots, Apple Phantom King Tut IPA Reduction

26

COUNTRY SHORT RIB

Sweet Potato Grits, Sautéed String Beans, Phantom Mythical Czar Stout Au Jus

27

SMOKEHOUSE MAC & CHEESE (vegan)

Smoked Cheese Sauce, Fusilli Corti Bucati Pasta

18

ADD ONS

Chicken 6 | Beef Patty 4 | Veggie Burger 6 | Chicken Salad 6

NEW ENGLAND FRIED CHICKEN

Drizzled with Hot Honey, Green Beans, Mac & Cheese

22



connecticut
LIFESTYLE
MEDICINE

WE'RE PROUD TO PARTNER WITH
CONNECTICUT LIFESTYLE MEDICINE IN
MIDDLETON, CT TO OFFER FLAVORFUL,
PLANT-FORWARD OPTIONS THAT MAKE
EATING OUT EASIER FOR THOSE FOLLOWING A HEALTHIER
LIFESTYLE.

THEIR TEAM SPECIALIZES IN EVIDENCE-BASED LIFESTYLE
MEDICINE—USING DIET AND LIFESTYLE TO PREVENT, TREAT,
AND EVEN REVERSE CHRONIC CONDITIONS. ONE BIG PART
OF THAT? MAKING HEALTHY EATING DOABLE IN REAL LIFE...
INCLUDING WHEN YOU'RE OUT ENJOYING A MEAL WITH
FRIENDS.

vegan:vegan | veg:vegetarian | gf:gluten free | s:spicy

CHEF DE CUISINE | Parker Smith

GENERAL MANAGER | Becca Yantosh

LOOK FOR THE BEET WITH A HEARTBEAT! THIS ICON
HIGHLIGHTS DISHES THAT ARE PLANT-BASED—AND
CONNECTICUT LIFESTYLE MEDICINE APPROVED!



Smashed BURGERS

We smash the patties on a high heat surface with beef tallow, then science takes over! The MAILLARD REACTION creates that desirable sear in proteins that provides amazing flavor.

ALL BURGERS COME ON A POTATO BUN WITH FRIES & PICKLES. THE DEFAULT OPTION FOR MOST BURGERS IS A SINGLE PATTY

LEVEL UP! HOW MANY QUARTER POUND PATTIES WOULD YOU LIKE?
SINGLE | DOUBLE \$4 | TRIPLE \$8

FRENCH FRY UPGRADES

CAJUN FRIES	1
TRUFFLE FRIES	2
CHEESE FRIES	2
SUB SIDE OR SALAD	3

BURGER UPGRADES

ADD CHEESE	1
ADD BACON	2.5
ADD FRIED EGG	4
SUB GLUTEN FREE BUN	FREE
SUB SWEET POTATO BURGER	FREE

LEVEL UP! ADD A PATTY - DOUBLE \$4 | TRIPLE \$8

CLASSIC 12
Lettuce, Tomato, Fancy Sauce

BACON CHEESE 14
American Cheese, Bacon, Lettuce, Pickles, Chopped Onions, Fancy Sauce

HIGGABAMA HARDWARE 15
American Cheese, Fried Egg, Bacon, Pickles, Alabama Sauce

OKLAHOMA 14
Onions, American Cheese, Pickles, Fancy Sauce
(An Oklahoma-style onion burger is a smashburger where a ball of ground beef is smashed into a pile of paper-thin onions, caramelized and fused together!)

SMOKEHOUSE 14
Vermont Cheddar, Barbecue Sauce, Onion Strings

BACON JALAPENO (S) 15
House-Made Pickled Jalapenos, American Cheese, Bacon, Barbecue Sauce, Onion Strings

MAD RIVER BLUES 14
Von Trapp Mad River Blue Cheese, Bacon

SHROOMIN' ON TRUFFLES 14
Swiss, Fancy Sauce, Hot Honey, Pickles, Mushrooms, Pickled Jalapenos

OMEGA (veg) 14
House-Made Veggie Sweet Potato Burger, Mushrooms, Microgreens, Tomato

CRAZY PHANTOM 15
Beer Cheese, Sautéed Onions, Bacon, Creole Aioli, Fried Green Tomato

EVIL RABBIT 27
THREE Burgers Stacked High, Swiss, Cheddar & American Cheeses, Fried Egg, Pickles, Lettuce, Tomato, Onion Strings, Sautéed Mushrooms, Fancy Sauce - Take a Picture!
NO MODIFICATIONS

Beer MENU



KIDS

FEED THE LITTLE ONES!

CHICKEN BITES	8
Our House-Made Chicken Bites with Fries	
BURGER	8
Plain Burger With Ketchup & Fries	
GRILLED CHEESE (veg)	8
American Cheese, Texas Toast & Fries	
BUTTERED PASTA (veg)	7
A Little Butter, Salt, Pepper	
MAC & CHEESE (veg)	9
Cheese Sauce, Fusilli Corti Bucati Pasta	

Craft COCKTAILS & MOCKTAILS

HIGGANUM BELLE

BOURBON, CARDAMOM, PEAR, GINGER
Hometown Favorite! Garnished with a Candied Pear Wedge

CARROT CAKE

FRESH CARROT JUICE, VANILLA, CREAM
Cinnamon & Ginger Simple Syrup

IT'S ABOUT BLOODY THYME

VODKA, BLOOD ORANGE, THYME SIMPLE
Freshly Squeezed Blood Orange Juice, You Can't Go Wrong!

BLOODY ORANGE THYME

FRESH BLOOD ORANGE JUICE, THYME SIMPLE
A Blood Orange Is Our Favorite Fruit.

SMACK YA MAMA SPICY MARG

TEQUILA, VODKA, BLACKBERRY SAUCE
Spicy Margaritas Are Loved By All!
Add Some Lime Juice and Simple Syrup & Feel The Burn!

PEAR PRESSURE

FRESH PEAR JUICE, LEMON, ROSEMARY SIMPLE
Add Some Ginger Beer & Release The Pressure

HEAVENLY RABBIT

VODKA, CARROT JUICE, GINGER & CINNAMON SIMPLE, WHIPPED MASCARPONE
Childhood Favorite Turns Cocktail! Garnished With A Carrot Ribbon & Cinnamon

CRANBERRY-ROSE SPARKLER

CRANBERRY, ROSEMARY SIMPLE
Sparkling And Delicious, Garnished With Cranberries

Yes WE HAVE DESSERT!

We ARE A SCRATCH KITCHEN

BUTCHERY, PICKLING, CRAFTING SAUCES, HOUSE-MADE PASTA, SALAD DRESSINGS, POTATO CHIPS AND MUCH MORE! MORE AND MORE RESTAURANTS ARE BUYING PROCESSED FOODS TO SAVE ON LABOR, WHICH MAKES SENSE FINANCIALLY, BUT THERE IS A COST TO YOU PHYSICALLY.

WE HAVE TRIED TO EVEN TAKE IT A STEP FURTHER BY MAKING SOME VERY TASTY HEALTHY DISHES TO ACCOMPANY THAT SMASH BURGER!



vegan:vegan | veg:vegetarian | gf:gluten free | s:spicy

CHEF DE CUISINE | Parker Smith
GENERAL MANAGER | Becca Yantosh